

MidTerm Symposium: Mastering Congestion in Acute Heart Failure - Diagnostics, Therapy, and ICU Strategies

Date: October 27, 2026

Venue: University of Copenhagen
City Campus, Room 2.0.63
Øster Farimagsgade 5, 1357 København

PROGRAMME

09:10 - 09:30 Arrival & coffee

Welcome – Introduction to the Programme
09:30 - 09:35 Oskar Kjærgaard Hørsdal, Kristoffer Berg-Hansen & Julie Vishram-Nielsen

Session 1: Acute Heart Failure — State of the Art

Chairs: Oskar Kjærgaard Hørsdal & Julie Vishram-Nielsen

09:35	-	10:10	Decongestive Strategies anno 2026 Frederik Verbrugge, Vrije Universiteit Brussel
10:10	-	10:30	Vasodilator Treatment in Acute Heart Failure Johannes Grand, Rigshospitalet
10:30	-	10:50	Who Are the Patients Hospitalized With Acute Heart Failure? Jens Jakob Thune, Bispebjerg Hospital
10:50	-	11:00	Young Gun 1: Nationwide Danish Cohort on Patients Admitted with Acute Heart Failure – Design and Objectives of the LUMEN-AHF Cohort Lucas Malta Westergaard, Amager-Hvidovre Hospital
11:00	-	11:10	Panel Discussion and Q&A
11:10	-	11:30	Coffee Break
11:30	-	12:05	Post-Discharge Management of Acute Decompensated Heart Failure Alexandre Mebazaa, Paris Cité University
12:05	-	12:25	CardioMEMS and Remote Congestion Monitoring Kasper Rossing, Rigshospitalet
12:25	-	12:35	Young Gun 2: Assessment of Congestion Using Ultrasound Kasper Lykke Wethelund, Aarhus University Hospital
12:35	-	12:45	Young Gun 3: Hemodynamic Effects of the Monocarboxylates Lactate and 3-hydroxybutyrate in Ischemic Cardiogenic Shock Oskar Kjærgaard Hørsdal, Aarhus University Hospital
12:45	-	12:55	Panel Discussion and Q&A

12:55 - 13:40 Lunch

Session 2: Acute Heart Failure in the Intensive Care Unit

Chairs: Alexandre Mebazaa & Kristoffer Berg-Hansen

13:40 - 14:00 **Beyond Diuretics: Vasoactive Treatment of Cardiogenic Shock**
Steffen Christensen, Aarhus University Hospital

14:00 - 14:20 **When to Consider Mechanical Circulatory Support**
Jacob Møller, Rigshospitalet

14:20 - 14:40 **Advanced Heart Failure — “Bridges” to Recovery, Decision, or Transplant**
Henrik Wiggers, Aarhus University Hospital

14:40 - 15:00 **Ventilation in Acute Heart Failure: Invasive and Non-invasive Strategies**
Hanne Ravn, Odense University Hospital

15:00 - 15:10 **Panel Discussion and Q&A**

15:10 - 15:30 Coffee Break

Session 3: Assessing and Guiding Decongestion — Tools and Perspectives

Chairs: Frederik Verbrugge & Julie Vishram-Nielsen

15:30 - 15:50 **What About the Right Side? Right Heart Failure and Systemic Congestion**
Mads Andersen, Aarhus University Hospital

15:50 - 16:10 **Valve Disease and Volume Overload**
Kristina Procida, Sjællands Universitetshospital, Roskilde

16:10 - 16:30 **The Role of Biomarkers in Assessing Decongestion**
Martin Frydland, Sjællands Universitetshospital, Roskilde

16:30 - 16:40 **Young Gun 4: Diagnostic Imaging Modalities in Acute Heart Failure**
Anne Sophie Overgaard, Bispebjerg Hospital

16:40 - 16:50 **Young Gun 5: DanCONGEST**
Niels Christian Rye Nielsen, Sjællands Universitetshospital, Roskilde

16:50 - 17:00 **Closing Remarks and Take-Home Messages**