

# Preeclampsia and Long-term Risk of Cardiovascular Disease

**Date:** May 27-28, 2026

**Venue:** University of Copenhagen & Steno Diabetes Center  
Copenhagen

**Organisers:** Danish Cardiovascular Academy, Steno Diabetes  
Center Copenhagen & Rigshospitalet

## PROGRAMME

**Wednesday, 27 May**

**PhD Course: Pregnancy & Cardiovascular Disease**

Venue: Maersk Tower, Room 7.15.149, University of Copenhagen

09:30 - 10:00 Registration & Coffee

10:00 - 10:15 **Welcome - Introduction to the programme**

### Session 1

10:15 - 11:00 **Pregnancy & Cardiovascular Disease: a Cardiologist's Perspective**  
Professor Paul Leeson, University of Oxford, UK

11:00 - 11:20 Coffee break

11:20 - 11:50 **Group work introduction**

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11:50 - 12:15 **Introduction to preeclampsia in Denmark: current approaches to treatment and management** Dr. Jacob Lykke, Rigshospitalet

12:15 - 13:15 Lunch

## Session 2

13:15 - 14:00 **Adverse pregnancy outcomes and later risk of cardiovascular disease**  
Associate Professor Janet Rich-Edwards, Brigham & Women's Hospital / Harvard University, Boston, US

14:00 - 15:00 **Project pitches**  
*Each PhD Student will present their work in a short pitch in groups*

15:00 - 15:20 Break

15:20 - 16:15 Group work for panel debate

16:15 - 16:40 **A global health perspective on pregnancy & cardiovascular disease**  
Professor Manisha Nair, University of Copenhagen

16:40 - 17:00 Wrap-up / Closing remarks

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**Thursday, 28 May**

**Symposium: Preeclampsia and Long-term Risk of Cardiovascular Disease**

Venue: Herlev Hospital, Store mødesal, 1st floor, Borgmester Ib Juuls Vej 1

08:30 - 09:00 Registration & Coffee

09:00 - 09:15 **Welcome - Introduction to the programme**  
Dr. Jesper J. Linde, Rigshospitalet & PhD Karoline Kragelund Nielsen, SDCC

**Session 1 - Understanding Preeclampsia and Its Consequences**

09:15 - 09:40 **From a mysterious and dangerous pregnancy complication to a well-characterized multisystem disorder**  
Dr. Marianne Johansen, Rigshospitalet

09:40 - 10:10 **Beyond Preeclampsia: Lifelong Cardiovascular and Neurological Implications for mum**  
Dr. Lina Bergman, Göteborg, Sweden

10:10 - 10:35 **Long term outcomes/consequences of PE**  
Dr. Maria Guldbrandt Hauge, Rigshospitalet

10:35 - 11:00 **Preeclampsia screening and risk assessment**  
Assoc. Professor Charlotte Kvist Ekelund, Rigshospitalet

11:00 - 11:20 Break

## Session 2 - Post-preeclampsia: Follow-up care and risk management

11:20 - 11:50 **Detecting and intervening on early CVD risk in women with a history of preeclampsia**  
Professor Paul Leeson, University of Oxford, UK

11:50 - 12:15 **TBA**

12:15 - 12:40 **Barriers and facilitators for CVD follow-up care for women with prior preeclampsia**  
Dr. Gabriela Byskov Petersen, SDCC

12:40 - 13:30 Lunch

13:30 - 13:50 **Testimonial : Lived experience of preeclampsia**

## Session 3 - Interventions to improve long-term outcomes

13:50 - 14:25 Presentations from early career researchers based on submitted abstracts

14:25 - 14:50 **Postpartum intervention for women with prior preeclampsia: lessons from the Heart Health 4 Moms project**  
Associate Professor Janet Rich-Edwards, Brigham & Women's Hospital / Harvard University, Boston, US

14:50 - 15:15 **Hjertemor - a new clinic for women with prior preeclampsia in Esbjerg**  
Dr. Anne Godtfredsen, Odense University Hospital & Dr. Christina Oxlund, Esbjerg-Grindsted Hospital

15:15 - 15:30 Coffee Break

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15:30 - 16:15 **Panel Debate**  
*PhD Students present pro's and con's from group work on day 1, followed by panel debate with Danish and International speakers*

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16:15 - 16:30 **Closing remarks and reflection** Prof. Peter Damm, Rigshospitalet & Prof. Helle Terkildsen Maindal, Aarhus University

16:30 - 17:30 **Reception and networking**