

# Preeclampsia and Long-term Risk of Cardiovascular Disease

**Date:** May 27-28, 2026

**Venue:** University of Copenhagen & Herlev Hospital

**Organisers:** Danish Cardiovascular Academy, Steno Diabetes Center Copenhagen & Rigshospitalet

## PROGRAMME

**Wednesday, 27 May**

**PhD Course: Pregnancy & Cardiovascular Disease** Venue: KUA3 – 4A.0.56, South Campus, University of Copenhagen

09:30 - 10:00 Registration & Coffee

10:00 - 10:15 **Welcome – Introduction to the programme**  
Karoline Kragelund Nielsen & Gabriela Byskov Petersen, Steno Diabetes Center Copenhagen

### Session 1

10:15 - 11:00 **Pregnancy & Cardiovascular Disease: a Cardiologist's Perspective**  
Professor Paul Leeson, University of Oxford, UK

11:00 - 11:20 Coffee break

11:20 - 11:50 **Group work introduction**

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11:50 - 12:15 **Introduction to preeclampsia in Denmark: current approaches to treatment and management**  
Dr. Jacob Lykke, Rigshospitalet

12:15 - 13:15 Lunch

## Session 2

13:15 - 14:00 **Adverse pregnancy outcomes and later risk of cardiovascular disease**  
Associate Professor Janet Rich-Edwards, Brigham & Women's Hospital / Harvard University, Boston, USA

14:00 - 15:00 **Project pitches**  
*Each PhD Student will present their work in a short pitch in groups*

15:00 - 15:20 Break

15:20 - 16:15 Group work for panel discussion

16:15 - 16:40 **A global health perspective on pregnancy & cardiovascular disease**  
Professor Manisha Nair, University of Copenhagen

16:40 - 17:00 Wrap-up & closing remarks

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**Thursday, 28 May**

**Symposium: Preeclampsia and Long-term Risk of Cardiovascular Disease**

Venue: Herlev Hospital, Store mødesal, 1st floor, Borgmester Ib Juuls Vej 1

08:30 - 09:00 Registration & Coffee

09:00 - 09:15 **Welcome - Introduction to the programme**  
Professor Thomas Jespersen, DCAcademy, Dr. Jesper J. Linde, Rigshospitalet & Dr. Karoline Kragelund Nielsen, Steno Diabetes Center Copenhagen

**Session 1 - Understanding Preeclampsia and Its Consequences**

Chairs: Dr. Iben Riishede, Rigshospitalet/Aarhus University Hospital & Prof. Anne-Marie Nybo Andersen, University of Copenhagen

09:15 - 09:40 **From a mysterious and dangerous pregnancy complication to a well-characterized multisystem disorder**  
Dr. Marianne Johansen, Herlev Hospital

09:40 - 10:10 **Beyond Preeclampsia: Lifelong Cardiovascular and Neurological Implications for mum**  
Dr. Lina Bergman, University of Gothenburg, Sweden

10:10 - 10:35 **Connecting Preeclampsia and Future Heart Disease: Early Cardiovascular Changes After Preeclampsia**  
Dr. Maria Guldbrandt Hauge, Nordsjællands Hospital

10:35 - 11:00 **Preeclampsia screening and risk assessment**  
Assoc. Professor Charlotte Kvist Ekelund, Rigshospitalet

11:00 - 11:20 Break

## Session 2 - Post-preeclampsia: Follow-up care and risk management

Chairs: Dr. Jesper J. Linde, Rigshospitalet & Dr. Gitte Hedermann, Nordsjællands Hospital

11:20	-	11:50	<b>Detecting and intervening on early CVD risk in women with a history of preeclampsia</b> Professor Paul Leeson, University of Oxford, UK
11:50	-	12:15	<b>Barriers and facilitators for CVD follow-up care for women with prior preeclampsia</b> Dr. Gabriela Byskov Petersen, Steno Diabetes Center Copenhagen
12:15	-	13:05	Lunch
13:05	-	13:30	<b>Lived Experiences</b> Madeena Jensen

### Session 3 - Interventions to improve long-term outcomes

Chairs: Prof. Christina Vinter, Odense University Hospital & Dr. Signe Foghsgaard, Herlev Hospital & Steno Diabetes Center Copenhagen

#### Abstract presentations:

##### **The effect of weight loss on blood pressure among women with overweight or obesity planning pregnancy**

Rikke T. Klemmensen, University of Copenhagen

##### **Chronic hypertension and cardiovascular disease after preeclampsia: a nationwide register-based cohort study identifying women at high risk**

Helene Nielsen, University of Copenhagen

13:30 - 14:15

##### **Cardiovascular risk after preeclampsia: knowledge and clinical practice among Danish healthcare professionals**

Marie Elisabeth Helmbæk, Copenhagen University Hospital

##### **Factors Influencing Delivery of Cardiovascular Follow-Up after Preeclampsia: A Qualitative Study of Healthcare Providers' Perspectives**

Fiona R. Eskildsen, Copenhagen University Hospital

##### **A qualitative study of women's experiences of a preeclampsia diagnosis, perceived risk of long-term consequences, and participation in the Hjertemor programme**

Amalie Brammer Kristiansen, University of Southern Denmark

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14:15 - 14:40

##### **Postpartum intervention for women with prior preeclampsia: lessons from the Heart Health 4 Moms project**

Associate Professor Janet Rich-Edwards, Brigham & Women's Hospital / Harvard University, Boston, USA

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14:40 - 15:05 **Hjertemor – a new clinic for women with prior preeclampsia in Esbjerg**  
Dr. Anne Godtfredsen, Odense University Hospital & Dr. Christina Oxlund, Esbjerg-Grindsted Hospital

15:05 - 15:20 Coffee Break

15:20 - 16:15 **Group presentations & panel discussion**  
*PhD students present their group work, followed by questions and discussion with Danish and international speakers*

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16:15 - 16:30 **Closing remarks and reflection**  
Prof. Peter Damm, Rigshospitalet & Prof. Helle Terkildsen Maindal, Aarhus University

16:30 - 17:30 **Reception and networking**